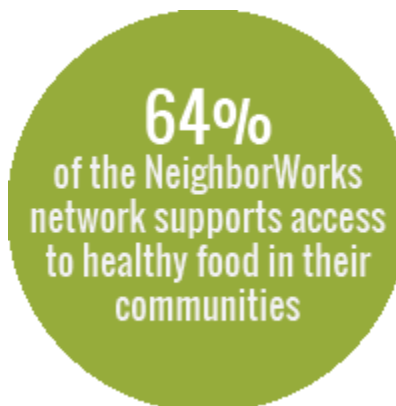




## ***How do we increase access to healthy food?***

Unhealthy food is often the least expensive option, and yet buying cheap has tremendous long-term costs for individuals, families and our country as a whole. To combat cycles of poverty and poor health, we must find ways to make fresh, healthy food affordable to those who need it most.

NeighborWorks groups are contributing by creating community gardens, bringing grocery stores to underserved areas and much more. Fully 64 percent of the NeighborWorks network supports access to healthy food in their communities.



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## ***Test your knowledge***



What percentage of U.S. households did not always have the food they wanted or needed because of access-related problems?



How many people in low-income areas are more than 1 mile from a supermarket?

[Take the quiz →](#)

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## ***Abandoned armory becomes farm with help from returning veterans***

NeighborWorks Green Bay is working with local businesses to turn an abandoned historic armory into Green Bay's first indoor farm. The 'farmory' will not only supply food but will also operate as an agricultural learning center with a focus on training returning veterans.



[Read more →](#)

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## ***Video: Making healthy food a reality***

Madison Park Development Corporation (Roxbury, MA) and Beyond Housing offer inspiring examples of how to increase access to healthy, affordable food and what it has meant to the residents in their communities.



[Watch video →](#)



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