



Healthy communities benefit residents and taxpayers alike

It's April and better weather is an excellent incentive to get out, get healthy and help others do the same. The return on investment is staggeringly positive, not only for residents and their families, but for the public purse. The [Center for Disease Control](#) (CDC) estimates that, for every dollar invested in community design projects, between \$1.20 and \$3.80 is saved as a result of reduced health care utilization and fuel consumption.



The NeighborWorks network is helping people in communities nationwide by:

- Working with local partners to build walking paths, bike lanes, playgrounds and parks to exercise and play in.
- Helping community residents identify and take action on health problems.
- Creating vibrant community gardens.
- Improving the health and safety of housing.
- Helping seniors stay healthy in their own homes as long as possible.
- Cleaning up vacant lots and other environmental hazards.

Learn more at NeighborWorks.org/Community/Health.

Test your knowledge



Obesity accounts for what percentage of US medical costs?



How long does the CDC recommend being active each week?

[Take the quiz →](#)

A new hospital improves health access and creates jobs

For one Mississippi town, a new hospital is making a big difference. In a guest blog, Mary Elizabeth Evans, vice president of Community and Economic Development at HOPE Enterprise Corporation, explains the redevelopment of Field Memorial Hospital, and what it means for the local community.

[Read more →](#)



Video: Community health

This video shows three cities working together for healthier communities. Watch



to learn what NeighborWorks network members are doing in Roxbury, MA (Madison Park Development Corporation), St. Louis, MO (Beyond Housing) and Lowell, MA (Coalition for a Better Acre).

[Watch video →](#)



NeighborWorks America
NeighborWorks.org
999 North Capitol Street NE, Suite 900
Washington, DC 20002
Tel: 202-760-4000